

# CLOTHING SIZING CHART

Size	Units	S	M	L	XL	XXL	XXXL
<b>Chest</b>	cm	up to 94	96-102	104-109	112-117	120-125	127-132
<b>Waist</b>	cm	76	81-86	86-91	91-97	99-104	107-112
<b>Inside Leg (crotch to ankle)</b>	cm	76-79	79-81	81-84	84-86	84-86	86-89
<b>Chest</b>	inches	up to 37	38-40	41-43	44-46	47-49	50-52
<b>Waist</b>	inches	30	32-34	34-36	36-38	39-41	42-44
<b>Inside Leg (crotch to ankle)</b>	inches	30-31	31-32	32-33	33-34	33-34	34-35

Sizes are intended as a guide only.

## HOW TO MEASURE

**A Chest:** Measure evenly around the fullest part of your chest under your arms.

**B Waist:** Around your natural waistline, or where you actually wear your pants.

**C Inside leg:** Measure from crotch to ankle bone.

